



“ Sake is the best of all Medicines “ ~ Gekkeikan

Sake Co., LTD. Japan. Sake in Japan has long been thought to be an ingredient for a healthy lifestyle.

*As a key element for enjoying food , conversation and atmosphere , sake has traditionally enjoyed a special place at the Japanese table. Like nutrition or a good laugh , sake , when enjoyed in an appropriate amount , was believed to maintain health and promote well-being. Modern studies now show that in appropriate amounts , sake can have positive effects on improving **cholesterol levels** , **blood pressure** and **memory** . Furthermore , sake contains **amino acids** and **peptides** which can improve **skin** . ***** Above for your reference . Thank you !!*